



Daily Programme.



Time change reminder.

Please be advised that early tomorrow morning, Monday, 18 January the ship's time will be SET BACK BY ONE HOUR. Please set your watches BACK before retiring this evening, Sunday, 17 January.

From the navigator.

Throughout the day we will be passing south of the Sohm Abyssal Plain which has an area of around 350,000 square miles. As we cross the North Atlantic Ocean it may be interesting to know that combined with the South Atlantic Ocean it is the second largest of the world's oceanic divisions, following the Pacific Ocean. With a total area of about 106,400,000 square kilometres (41,100,000 sq mi), It covers approximately 20 percent of the Earth's surface and about 29 percent of its water surface area. The first part of its name refers to Atlas of Greek mythology, making the Atlantic the "Sea of Atlas".

Fruit And Vegetable Carving.

Queen Victoria's food artists, Chef de Partie Bobby Caidic and Deputy Chef de Partie Celso Penamente will create some beautiful works of art for your viewing pleasure.



At 10.30am,
Grand Lobby, deck 1, midships

Today's Cunard insight lecture programme.

Interdenominational Church Service

At 10.00am

Conducted by Captain Peter Philpott.

Bill Miller - 'Mr. Ocean Liner'

At 11.00am

'Sailing to the Sun: Cruising History & Folklore'

18 million Americans take cruises every year ... simply, it is the best vacation on earth ... see how it all began, evolved and while today hundreds of ships sail to the sun and beyond ... Bill Miller will be doing a book signing today outside the Bookshop on deck 3, midships after his lecture.

Royal Court Theatre, decks 1,2&3, forward, A stairway ↗



Tonight's Featured Entertainment.

Song and dance man for the new generation...

Joe West

Joe West is a vocalist, dancer and multi-instrumentalist. He has worked in theatre in London appearing in shows such as 'Copacabana' and 'A funny thing happened on the way to the Forum'. Joe has spent his career playing instruments such as the sax, clarinet, flute, trumpet, ukulele, guitar and piano to name but a few, and tap dancing and singing his way through swing, stage and screen. With the Royal Court Theatre Orchestra under the musical direction of Hamish Ravell. Presented by Entertainment Manager, Sally Sagoe.



At 8.30pm & 10.30pm, Royal Court Theatre, decks 1,2&3, forward, A stairway ↗

Pianist, Helen Leek

'The Menagerie.'

Join Helen for a fun concert of classical music depicting animals. Bucking donkeys, shimmering fish and gnashing alligators have all found their way into today's programme.

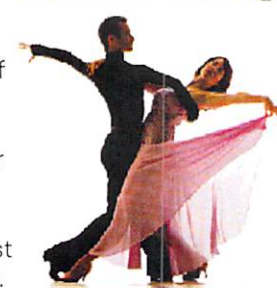


At 2.00pm,
Queens Room, deck 2, midships ↗

Tonight in the Queens Room.

Ballroom & Latin Dancing.

Join us in the Queens Room for an evening of music with the Queens Room Orchestra under the direction of Meirion Kelly, featuring vocalist Jim McCallister.



From 9.15pm, deck 2, midships ↗

5 Days To Go...

Just five days to go until award-winning artists Chris and Steve Rocks join us here at Clarendon Fine Art. These extraordinary twin brothers share a single vision and paint together onto a single canvas achieving works which are breathtaking in their scope and ambition. If you would like to know more about the upcoming events with the Rocks Brothers venture to Clarendon Fine Art Gallery and speak to your two Art consultants Charlotte and Jasmine.



In today's Discover...

The Royal Arcade Shops unveils its 2016 World Voyage merchandise. Make a reservation for a new dining experience at the Lido alternative dining option, La Piazza. Speak to our voyage sales specialists about this years St. Petersburg and Baltic Explorer voyages on Queen Elizabeth.



Today's activities.

6am	<p>6.00am Rise N' Shine TV Ch. 21 (repeated until 12.00pm)</p> <p>6.00am Cunard Radio Live TV Ch. 43 (available 24 hours a day)</p>	10am	<p>10.00am Talent Show Sign Up</p> <p>This is your chance to sign up with a member of the Entertainment Team for a special guest talent show taking place tomorrow, Monday, 18 January at 2.00pm in the Queens Room.</p> <p>Chart Room, deck 2, aft, C stairway (until 10.45am)</p>	11am	<p>11.50am Registration for Ipad Academy: Using an iPad 3 iPad Essentials</p> <p>ConneXions 1, deck 1, midships, Grand Lobby (until 12.00pm)</p>
7am	<p>7.00am Fitness: Sunrise Stretch Royal Gymnasium, deck 9, forward, A stairway (until 7.30am)</p> <p>7.30am Fitness: Fab Abs Class Royal Gymnasium, deck 9, forward, A stairway (until 8.00am)</p>	10am	<p>10.00am Speed Bingo Ticket Sales Casino Cashier's Desk, deck 2, forward, A stairway (until 2.45pm)</p>	12pm	<p>12.00pm Navigational Announcement</p> <p>Throughout the ship.</p>
8am	<p>8.00am Fitness: Pure Form Pilates (\$12) Royal Gymnasium, deck 9, forward, A stairway (a fee applies, until 8.45am)</p>	10am	<p>10.00am Macro/Close Ups</p> <p>As we approach the beautiful Port Canaveral it is time to discover the macro setting on your camera with Chris in this seminar.</p> <p>ConneXions 2&3, deck 3, midships, B stairway (until 10.45am)</p>	12pm	<p>12.00pm Today's Film: Dead Calm</p> <p>A mass-murderer kidnaps and seduces a young woman after leaving her husband to die on the vessel whose crew he's just slaughtered.</p> <p>Starring: Nicole Kidman, Sam Neill and Billy Zane. Directed by Phillip Noyce. Rated: R. A Thriller. Duration is 96 minutes and was released in 1989.</p>
9am	<p>9.00am Fitness: Tour De Cycle (\$12) Royal Gymnasium, deck 9, forward, A stairway (a fee applies, until 9.45am)</p> <p>9.00am Catholic Mass Conducted by fellow guest Father Denis Sarsfield.</p> <p>Hemispheres, deck 10, forward, A stairway (until 9.45am)</p> <p>9.30am Christian Fellowship Admiral's Lounge, deck 10, forward, A stairway (until 10.15am)</p> <p>9.30am Paddle Tennis Competition 🏸 Sports Court, deck 11, forward, A stairway (Adults only)</p>	10am	<p>10.30am Fruit And Vegetable Carving Demonstration Deck 1, Grand Lobby, midships, B stairway (until 11.15am)</p>	12pm	<p>12.00pm Blackjack Tournament Qualifying Rounds</p> <p>Empire Casino, deck 2, forward, A stairway</p>
10am	<p>10.00am Interdenominational Church Service Conducted by Captain Peter Philpott. A collection for Marine Charities will be held after the service. Royal Court Theatre, decks 1,2 & 3, A stairway (until 10.45am) 🏹</p> <p>10.00am Longevity and Wellness With Acupuncture Complimentary consultations for all those who attend. With David Viera, Acupuncturist and healing therapist. Royal Spa, deck 9, forward, A stairway (until 10.45am)</p> <p>10.00am Decathlon Continues 🏆 Day 2 of the Decathlon and all teams are ready to go again. Table Tennis Area, deck 9, forward, A stairway, port side (Adults only)</p> <p>10.00am Morning Trivia 🏆 Golden Lion Pub, deck 2, forward, A stairway</p> <p>10.00am Craft Class: The Joy of Cruising - Entries Hemispheres, deck 10, forward, A stairway (until 10.45am)</p> <p>10.00am Beginners Bridge Class Card Room, deck 3, midships, Grand Lobby (until 11.00am)</p> <p>10.00am Watercolour Art Class Art Kits can be purchased for \$35. Britannia Restaurant, deck 3, aft, C stairway (until 12.00pm)</p> <p>10.00am Line Dancing With Chris Queens Room, deck 2, midships, B stairway 🏹</p>	11am	<p>11.00am Detox for Health & Weight Loss Royal Gymnasium, deck 9, forward, A stairway (until 11.45am)</p> <p>11.00am Intermediate Bridge Class Card Room, deck 3, midships, Grand Lobby (until 12.00pm)</p> <p>11.00am Ballroom Dance Class Intermediate Quickstep with international dance couple, Dan and Olena. Queens Room, deck 2, midships, B stairway (until 11.45am) 🏹</p> <p>11.00am Killer Darts Competition 🏆 Golden Lion Pub, deck 2, forward, A stairway</p> <p>11.00am Solo Travellers' Coffee Corner Winter Garden, deck 9, midships, B stairway (until 11.45am)</p> <p>11.00am Go Home Looking 10 Years Younger With Dr. Diana Huapaya M.D., Facial Rejuvenation specialist. Royal Spa, deck 9, forward, A stairway (until 11.45am)</p> <p>11.00am Cunard Insights: Bill Miller</p> <p>'Sailing to the Sun: Cruising History And Folklore' 18 million Americans take cruises every year ... simply, it is the best vacation on earth ... see how it all began, evolved and while today hundreds of ships sail to the sun and beyond. Royal Court Theatre, decks 1,2&3, forward, A stairway 🏹</p> <p>11.00am Chairobics With Cordelia Hemispheres, deck 10, forward, A stairway</p> <p>11.05am Live Premier League Football Liverpool vs Manchester United. Satellite reception permitting. Times are subject to change. Winter Garden, deck 9, midships, B stairway</p>	11am	<p>12.00pm Social Hostesses' Craft Corner</p> <p>Making stuffed fabric animals. A small fee applies for materials used. Winter Garden, deck 9, midships, B stairway (until 12.45pm)</p> <p>12.00pm Queen Victoria Vocalists - Guest Choir Hemispheres, deck 10, forward, A stairway (until 1.00pm)</p> <p>12.00pm Bad Hair Days? Learn how to manage your hair. It all depends on your hair type, volume and how you maintain your hair on a daily basis with all the external and internal factors that contribute to its appearance and strength. Royal Spa, deck 9, forward, A stairway (until 12.45pm)</p> <p>12.05pm iPad Academy: Using an iPad 3</p> <p>'iPad Essentials' iPad Essentials looks in depth at the operating system including parental controls, security settings, restrictions, Newstand and iBooks. (Part 3 of 4, a nominal fee of \$15 applies) ConneXions 1, deck 1, midships, Grand Lobby (until 1.00pm)</p> <p>12.30pm International Band Synergy Lido Pool, deck 9, C stairway (until 1.30pm)</p> <p>Inclement weather venue: Winter Garden, deck 9, B stairway</p>
1pm	<p>1.00pm Secrets On How To Remove Cellulite And Water Retention Royal Spa, deck 9, forward, A stairway (until 1.45pm)</p> <p>1.45pm Oh... What A Tune With DJ Graham 🎧 Winter Garden, deck 9, midships, B stairway</p>	11am	<p>11.05am Live Premier League Football Liverpool vs Manchester United. Satellite reception permitting. Times are subject to change. Winter Garden, deck 9, midships, B stairway</p>	1pm	<p>1.00pm Secrets On How To Remove Cellulite And Water Retention Royal Spa, deck 9, forward, A stairway (until 1.45pm)</p> <p>1.45pm Oh... What A Tune With DJ Graham 🎧 Winter Garden, deck 9, midships, B stairway</p>
2pm	<p>2.00pm Cocktails Around The Globe Tasting Hemispheres, deck 10, forward, A stairway</p>	11am	<p>11.05am Live Premier League Football Liverpool vs Manchester United. Satellite reception permitting. Times are subject to change. Winter Garden, deck 9, midships, B stairway</p>	2pm	<p>2.00pm Cocktails Around The Globe Tasting Hemispheres, deck 10, forward, A stairway</p>

2pm 2.00pm **Classical Concert:**
Pianist Helen Leek
'The Menagerie'
Queens Room, deck 2, midships,
B stairway (until 2.45pm) ?

2.00pm **Relieving Pain &
Walking in Comfort**
Royal Gymnasium, deck 9, forward,
A stairway (until 2.45pm)

2.00pm **Duplicate Bridge Play** ♣
Card Room, deck 3, midships,
Grand Lobby (until 4.00pm)

2.00pm **Truth and Myths About
Facial Rejuvenation**
Royal Spa, deck 9, forward,
A stairway (until 2.45pm)

2.00pm **Social Whist Play**
ConneXions 2, deck 3, midships,
B stairway (until 4.00pm)

2.00pm **Social Bridge
And Game Play**
ConneXions 3, deck 3, midships,
B stairway (until 4.00pm)

2.30pm **Quizzical Corner** ♣
Winter Garden, deck 9,
midships, B stairway

2.30pm **Blackjack Tournament
Grand Final**
Empire Casino, deck 2,
forward, A stairway

3pm 3.00pm **Speed Bingo**
\$200 guaranteed prize money.
Golden Lion Pub, deck 2,
forward, A stairway

3.00pm **Craft Class: The Joy
of Cruising - Entries**
A repeat of this morning's class.
Hemispheres, deck 10, forward,
A stairway (until 3.45pm)

3.00pm **Hostess Corner:
Needlework & Knitting**
Winter Garden, deck 9, midships,
B stairway (until 3.45pm)

3.30pm **Afternoon Tea**
Featuring harpist Lara Szabo.
Queens Room, deck 2, midships,
B stairway (until 4.30pm) ?

3.50pm **Register for**
Photoshop Elements 2
ConneXions 1, deck 1, midships,
Grand Lobby (until 4.00pm)

4pm 4.00pm **Fitness: Body Sculpt
Boot Camp (\$30)**
Royal Gymnasium, deck 9, forward,
A stairway (until 4.30pm)

4.00pm **Photoshop Elements 2 -
Repairs/Effects - \$15**
We show you how to repair a damaged
photograph, remove fine lines and
wrinkles from faces and create a
panoramic display. Maximum 10 people.
ConneXions 1, deck 1, midships,
Grand Lobby (until 4.45pm)

4.15pm **Afternoon Trivia** ♣
Golden Lion Pub, deck 2,
forward, A stairway

5pm 5.00pm **Ballroom Dance Class**
Repeat of this morning's class.
Queens Room, deck 2, midships,
B stairway (until 5.45pm) ?

5.00pm **Friends Of Dorothy LGBT**
Commodore Club (stbd), deck 10,
forward, A stairway (until 5.45pm)

5.30pm **Friends Of Bill W.**
Admiral's Lounge, deck 10, forward,
A stairway (until 6.15pm)

5.30pm **Harpist Lara Sabo**
Chart Room, deck 2, aft,
C stairway (until 6.15pm)

5.30pm **Pianist Glenn Monie**
Golden Lion Pub, deck 2, forward,
A stairway (until 6.15pm)

5.30pm **The Adagio String Quartet**
Grand Lobby, deck 1, midships,
B stairway (until 6.15pm)

6pm 6.00pm **Fitness:**
Sundown Stretch
Royal Gymnasium, deck 9, forward,
A stairway (until 6.30pm)

7pm 7.00pm **Picture Perfect Quiz**
Golden Lion Pub, deck 2, A stairway

7.30pm **Harpist Lara Szabo**
Chart Room, deck 2, aft,
C stairway (until 8.30pm)

7.45pm **Cocktail Pianist**
Carl Nuschi
Commodore Club, deck 10, forward,
A stairway (until 8.30pm)

7.45pm **Ballroom & Latin Music**
With the Queens Room Orchestra.
Queens Room, deck 2, midships,
B stairway (until 8.30pm) ?

7.45pm **The Pub Quiz
Tournament - Day 1**
Hosted by the Entertainment Team.
Golden Lion Pub, deck 2,
forward, A stairway

8pm 8.30pm **Show Time Tonight:**
Joe West
Joe West is a vocalist, dancer and
multi-instrumentalist. He has worked
in theatre in London appearing in
shows such as 'Copacabana' and
'A funny thing happened on the
way to the Forum'. Hosted by
Entertainment Manager, Sally Sagoe.
Royal Court Theatre, decks 1,2&3,
forward, A stairway ?

9pm 9.00pm **Pianist Glenn Monie**
Golden Lion Pub, deck 2, forward,
A stairway (until 9.45pm)

9.15pm **Pianist Dmitry
Khodorovsky**
Chart Room, deck 2, aft,
C stairway (until 10.00pm)

9.15pm **International Band
Synergy**
Adults Only. Hemispheres, deck 10,
forward, A stairway (until 10.15pm)

9.15pm **The Adagio String Quartet**
Verandah Restaurant, deck 2,
midships, B stairway (until 10.00pm)

9pm 9.15pm **Ballroom & Latin
Dance Music**
Join us in the Queens Room for an
evening of music with the Queens
Room Orchestra under the direction
of Meirion Kelly, featuring vocalist
Jim McCallister.
Queens Room, deck 2, midships,
B stairway (until late) ?

9.30pm **Cocktail Pianist**
Carl Nuschi
Commodore Club, deck 10,
forward, A stairway (until late)

9.45pm **Oh... What A Tune**
Can you guess the song?
Golden Lion Pub, deck 2,
forward, A stairway (until 10.30pm)

10pm 10.15pm **DJ Graham's**
Request Express Hour
Hemispheres, deck 10, forward,
A stairway (until 11.15pm)

10.15pm **Pianist Dmitry
Khodorovsky**
Chart Room, deck 2, aft,
C stairway (until 11.00pm)

10.15pm **The Three Queens
Casino Raffle Draw**
Hosted by your Entertainment Team.
You must be present to win.
Empire Casino, deck 2,
forward, A stairway

10.15pm **The Adagio
String Quartet**
Verandah Restaurant, deck 2,
midships, B stairway (until 11.00pm)

10.30pm **It's Karaoke Time**
This is your chance to be on stage
singing your favourite songs.
Golden Lion Pub, deck 2,
forward, A stairway (until late)

10.30pm **Show Time Tonight:**
Joe West
Joe West is a vocalist, dancer and
multi-instrumentalist. He has worked
in theatre in London appearing in
shows such as 'Copacabana' and
'A funny thing happened on the
way to the Forum'. Hosted by
Entertainment Manager, Sally Sagoe.
Royal Court Theatre, decks 1,2&3,
forward, A stairway ?

11pm 11.15pm **Pianist Dmitry
Khodorovsky**
Chart Room, deck 2, aft,
C stairway (until late)

11.15pm **International Band
Synergy**
Adults Only. Hemispheres, deck 10,
forward, A stairway (until 12.15am)

12am 12.00am **Casino Slot Machines**
Open For Stay & Play
Empire Casino, deck 2,
forward, A stairway

12.15am **DJ Graham's**
Late Night Dancing
Adults Only. Hemispheres, deck 10,
forward, A stairway (until late)

Today's Opening Hours.

Queens and Princess Grill Restaurants

Breakfast	8.00am to 9.30am
Lunch	12.30pm to 2.00pm
Dinner	6.30pm to 9.00pm

Britannia Restaurant

Breakfast	8.00am to 9.30am
Lunch	12.30pm to 2.00pm
Early dinner	6.00pm, last order 6.30pm
Late dinner	8.30pm, last order 9.00pm

Verandah Restaurant

Contemporary French cuisine incorporating magical pairings of flavours whilst staying true to authentic French food and tradition. Prix fixe charges apply.

For reservations please dial 14351.

Lunch (\$15)	12.30pm to 2.00pm
Dinner (\$24)	6.30pm to 9.00pm

Lido Buffet

Continental breakfast	4.00am to 6.30am
Full breakfast	6.30am to 11.30am
Lunch	11.30am to 3.00pm
Afternoon snack	3.00pm to 6.00pm
Buffet Dinner: Indian	6.00pm to 11.00pm
Alternative Dining: La Piazza	6.30pm to 9.00pm

A tribute to the vibrancy of Italy. La Piazza explores the regional influences that place Italian cooking amongst the finest in the world. Bookings can be made by dialling 14315.

A charge of \$15 applies.

Late snack	11.00pm to 4.00am
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Bars and Lounges

Cafe Carinthia	7.00am to 12.00am
Chart Room	10.00am to late
Commodore Club	9.00am to late
Lido Bar	10.00am to 10.00pm
Golden Lion Pub	10.00am to late
Pub Lunch	12.00pm to 2.30pm
Hemispheres	9.30pm to late
Midships Bar	5.00pm to 12.00am
Open with waiter service during the daytime.	
Champagne Bar	10.00am to 11.00pm
Winter Garden	9.00am to 9.00pm

Facilities and Retail

Clarendon Fine Art	10.00am to 10.00pm
Bookshop	9.00am to 1.00pm & 2.00pm to 6.00pm
Empire Casino	
Cash Desk	10.00am to late
Tables	11.00am to late
(Limited tables available from 11.00am to 8.00pm)	
ConneXions 1: Manager	9.00am to 11.00am, 2.30pm to 3.30pm & 5.30pm to 7.00pm
Internet Centre : Deck 3 (Assistance)	9.00am to 11.00am & 3.00pm to 4.00pm
Library	9.00am to 6.00pm
The Ship's Photographer	9.00am to 10.00pm
Royal Arcade	
Main Shops	9.00am to 9.00pm
Cunardia	9.00am to 8.30pm
Royal Gymnasium	6.00am to 8.00pm
Royal Spa	8.00am to 8.00pm
Tour Office	9.00am to 12.00pm & 3.00pm to 6.00pm
Voyage Sales	10.00am to 12.00pm & 3.00pm to 6.00pm
The Play Zone	9.00am to 12.00pm, 2.00pm to 5.00pm & 6.00pm to 11.00pm
The Kids Zone	10.00am to 12.00pm, 2.00pm to 5.00pm & 6.00pm to 11.00pm

**Medical Centre 9.00am to 11.00am
& 4.00pm to 6.00pm**

Please dial 911 or 999 for medical emergencies only.

Tonight's dress code: informal.

Jacket required, tie optional for gentlemen, cocktail dress, stylish separates or equivalent for ladies. After 6.00pm, shorts and blue or worn denim (for men and women); sandals and sleeveless tops (for men) are not considered appropriate within the ship. Any guests wishing to dress more casually are welcome to dine in the Lido buffet on deck 9 and relax in the Winter Garden, but should not use other areas within the ship, including our Alternative Dining Restaurants, out of respect for their fellow guests.

Entering the US: ESTA and Visa requirements.

Guests of the following nationalities who are not in possession of a valid US Visa are required to have an ESTA. If you did not apply for an ESTA yet, please do so via www.usavisonline.com/esta in order to ensure a smooth immigration inspection upon arrival into Port Canaveral on Thursday, 21 January 2016. If you are in possession of a valid US visa (B1/B2 or other type of visa) please advise the Purser's Office on extension 33000 no later than 12.00pm (noon) tomorrow, Monday, 18 January 2016.

The following nationalities are eligible to apply for the ESTA:

Andorra, Australia, Austria, Belgium, Brunei, Chile, Czech Republic*, Denmark, Estonia*, Finland, France, Germany, Greece*, Hungary*, Iceland, Ireland, Italy, Japan, Latvia*, Liechtenstein, Lithuania*, Luxembourg, Malta*, Monaco, Netherlands, New Zealand, Norway, Portugal, San Marino, Singapore, Slovakia*, Slovenia, South Korea*, Spain, Sweden, Switzerland, Taiwan and United Kingdom.

*Indicates that those passports must be biometric to be eligible to apply for an ESTA.

Masonic lunch.

Today the Masonic Lunch will be held in the Verandah Restaurant on deck 2, midships, Grand Lobby at 12.30pm. There will be a \$15 charge for lunch. Wives and Lodge Widows are also welcome to attend.

Cunard activity reward programme.

Simply collect stamps on an Activity Reward log available at any of the events showing this logo and your stamps are then redeemable for prizes of increasing value relative to the number of stamps you accumulate.

White star luggage deadline is today.

Leave your details at the Purser's Office on deck 1, Grand Lobby and the White Star Luggage Coordinator will contact you with a quote. The deadline to register for this service is today, 17 January at 6.00pm.

US environmental notice.

In order to ensure that the world's oceans and our many beautiful and unique cruise destinations remain pristine, Cunard Line prides itself on maintaining the highest standards of compliance with regards to national and international laws for the protection of the environment. United States Federal law requires that when entering U.S.A Territorial waters, guests and crew be requested to ensure that at no time is any waste discharged from the ship into the sea.

Maintenance on open deck.

We would like to advise that maintenance and paint work is carried out on and around the open decks on a daily basis to maintain the ship's standards. We kindly ask guests to refrain from the areas where the work is being done. We do apologise in advance for any inconvenience this may cause.

Port of call information for Port Canaveral.

This evening you will receive the Port of call information for Port Canaveral. If you have any questions or queries about Port Canaveral please visit the Tour Office on deck 1 in the Grand Lobby. The shore excursions staff will be more than happy to assist you.

Public announcements.

Certain public address announcements may be heard in your stateroom on cabin television channel 40.